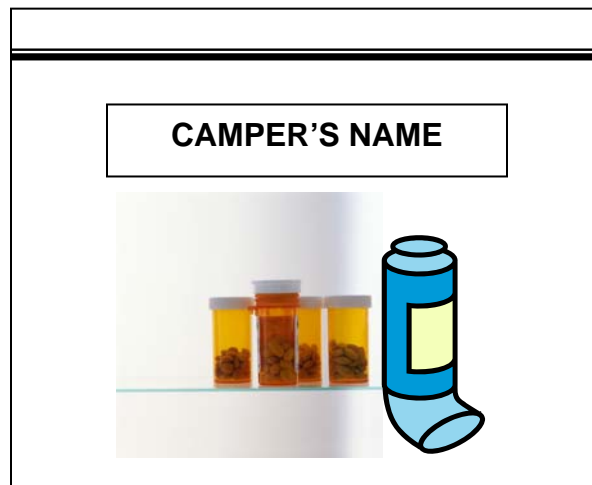


# Instructions for Packing Medications for Peninsula Puffers

Note: Please bring only the COMPLETED Medication Management Plan list to the Orientation. You do NOT need to bring any medications to the meeting. Further instructions will be given at the orientation.

1. **DO NOT PACK MEDICATIONS IN THE SUITCASE.** Keep medications separate as discussed below. We will collect the medications at the bus.
2. Pack enough medications to last for a week. Put medications in a big Ziploc bag labeled with the camper's name. Bring tablets in their original bottles with the pharmacy label. **ALL CONTAINERS OF MEDICATIONS SHOULD BE LABELED WITH THE CAMPER'S NAME.**  
-unit dose containers for nebulizer meds can either be kept in their original box from the pharmacy, or placed in a separate Ziploc bag labeled with the camper's name.



3. Give your child his/her morning medicine (if needed) before going to the bus.
4. **LABEL EACH INHALER, SPACER DEVICE, PEAK FLOW METER,** with the Camper's Name. We will have Nebulizers available, so please pack the nebulizer cup and tubing labeled with the camper's name only.
5. Pack lip balm. Chapstick and insect repellent, such as Cutters or Deep Woods Off. (optional)