



Permission Slip for Student Participation in AAFA's "Teens: Taking Control of Your Asthma"

The Asthma and Allergy Foundation of America (AAFA) is working in partnership with the Division of Adolescent and School Health (DASH) of the Centers for Disease Control and Prevention (CDC) to provide quality asthma education to teens with asthma. Through the community wide project, "Teens: Taking Control of Your Asthma," activities will be held at school to teach teens, parents and school personnel ways to successfully prevent and manage asthma symptoms. As part of this project, adolescents with asthma can participate in the Power Breathing™ Program to learn how to successfully manage their asthma. Developed by AAFA in 1997, Power Breathing™ has multiple sessions designed to teach decision-making skills to adolescents about asthma management. Participation is free.

I, _____, give my child _____, Name of Parent/Guardian

_____, Name or Student

Permission to: (check all activities below that your child can participate in)

___ Participate in the Power Breathing™ Program at _____ as well as future follow-up sessions. Name of School

___ Answer questions and talk about his/her experience with asthma and the need for medical attention.

___ Receive Newsletters and be contacted, if needed, by local AAFA chapter for follow up status.

___ Have his/her photograph taken as part of a group of participants in program activities, and to allow those anonymous photographs to be used in program reports and promotions.

_____, Signature of Parent or Guardian

_____, Date

_____, Address

PHONE: _____ Circle best day(s) for after school classes: Mon Tues Wed Thurs

Please return completed form to Dale Knutsen, AAFA Program Coordinator.AAFA Alaska Chapter P.O. Box 201927 Anchorage AK 99520-1927

The Anchorage School District Health Services Program approves this program with support from the Superintendent.

This project is supported by a cooperative agreement (#U58/CCU32O 144) between the Centers for Disease Control and Prevention and the Asthma and Allergy Foundation of America.