

# Asthma & Allergy Education

## Ask the Allergist

Questions about asthma & allergies? Our expert will answer questions about pathophysiology, tests and living with asthma.

Taught by Board Certified Allergist  
Melinda Rathkopf, MD  
Thursday, October 18 @ 7:00

## Asthma Tools

This class is for anyone who wants to learn, practice or explore their asthma tools. .

Topics include but are not limited to:

- ◆ Nebulizers
- ◆ MDI's
- ◆ Spacers
- ◆ Peak Flow Meters
- ◆ Epi- pens

Taught by Jannelle Dupuis, PA-C  
Thursday, January 17@ 7:00  
Thursday, May 2 @ 7:00

To RSVP for any of these programs, please contact us at:

aafaalaska@gci.net

or

349-0637



Asthma and Allergy  
Foundation of America

ALASKA CHAPTER

Classes offered though generous funding from:



## Asthma Basics

An introductory program on asthma & allergy management

Class includes information on

- Controlling asthma triggers
- What is asthma
- Handling asthma emergencies
- Using asthma tools
- Communicating with Schools

Taught by Board Certified Allergists including Jeffrey Demain, MD, Adrian Letz, MD & Eric Meier, MD

Class Dates:

Thursday, December 6 @ 7:00  
Thursday, February 21 @ 7:00  
Thursday, April 18 @ 7:00

