

Asthma & Allergy Education

Ask the Allergist

Questions about asthma & allergies? Our expert will answer questions about pathophysiology, tests and living

with asthma and allergies.

Taught by Teresa Neeno, MD

Thursday, January 5 @ 7:00

Food Allergy Basics

This class is open to all adults with food allergies and parents and whose children have been diagnosed with food allergies.

Topics will include:

- ◆ Food allergy facts
- ◆ Allergy testing
- ◆ Use of Auto-injectors
- ◆ Resources for families

Taught by Melinda Rathkopf, MD

Thursday, March 1 @ 7:00

To RSVP for any of these programs, please contact

us at:

aafaalaska@gci.net

or

349-0637



Asthma and Allergy
Foundation of America

ALASKA CHAPTER

For life
without
limits

Bugs & Plants

An exciting discussion about things in Alaska that bite, sting and produce pollens. A vital topic before you begin your spring and summer Alaskan jaunts.

Taught by Jeffrey Demain, MD

Thursday, April 12 @ 7:00

Asthma Basics

An introductory program on asthma & asthma management

Class includes information on

- Controlling asthma triggers
- What is asthma
- Handling asthma emergencies
- Using asthma tools
- Communicating with Schools

Taught by Adrian Letz, MD

Thursday, May 10 @ 7:00