



## ABOUT CAMP K

Nestled among the spruce forests along Kenai Lake in Cooper Landing, Camp K provides the perfect environment for youth to explore the natural world around them, engage in challenging activities and form friendships that can last a lifetime. With the supportive guidance of camp counselors, campers build their own unique community in which each member can experience a sense of belonging, connectedness, safety, acceptance and appreciation.

### Peninsula Puffers

Peninsula Puffers was created by a team of dedicated Alaskan health care providers in partnership with AAFA AK and Central Peninsula Hospital. Dr. Jody Butto along with Dr. Teresa Neeno, Dr. Kathy Case and Liz Collins RT wanted to provide children living with asthma and food allergies with a fun, safe and educational summer experience. Peninsula Puffers is the result of their dedication to helping campers learn how to manage their conditions while Living a Life Without Limits.

In the past decade, the program has grown thanks to camperships donated by a variety of Alaskan medical clinics .

## Presented By



Asthma and Allergy  
Foundation of America®  
ALASKA CHAPTER

## SPONSORS

Allergy, Asthma and Immunology  
Center of Alaska, LLC



2020 Camp Scholarships  
provided by:  
Dr. Mary Ann Jacob  
Dr. Peter Ehrnstrom  
Dr. Andrew Pulliam

# PENINSULA PUFFERS ASTHMA CAMP

## A Camp for Kids with Asthma & Food Allergies



“in the woods with wheezers”

June 7– June 12, 2020  
Sunday—Friday

Camp K on Kenai Lake  
Cooper Landing, AK

## **WHO:**

**Boys and Girls ages 8 to 14 with asthma. Asthmatic children with food allergies are also welcome. Preference will be given to children who take daily medication for asthma. Space is limited to 20 children**

## **WHEN:**

**Sunday June 7 to Friday June 12, 2020**

**Deadline to apply: May 10**

## **WHERE:**

**Camp Fire USA Camp K in beautiful Cooper Landing. Bus transportation provided from Central Peninsula Hospital and Camp Fire USA Anchorage**

## **MEDICAL**

### **SUPERVISION:**

**The Camp Medical Director is Board Certified Pediatrician Jody Butto. Our volunteer medical team of physicians, nurses and respiratory therapists are available 24 hours a day to attend to routine and emergency medical health needs.**

## **COST:**

**\$230.00 per child.**

**Scholarships are available**

## **TO APPLY:**

**Apply online at:**

**<https://www.aafaalaska.com/camp/index.php>**

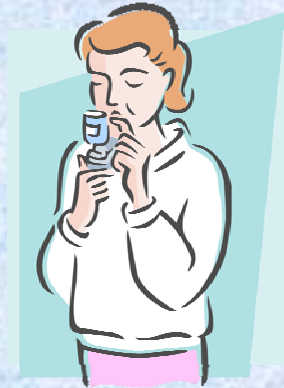
**Applications may also be printed and faxed to (907)349-0637.**

## **For Additional Information:**

**Please Contact AAFA Alaska.**

**(907)349-0637**

**[aafaalaska@gci.net](mailto:aafaalaska@gci.net)**



**\*\* All completed camp paperwork must be reviewed and approved by the Medical Director prior to camp.**

**\*\* Camp Health Forms must be signed by your health care provider**

## **ACTIVITIES:**

- ♦ **Swimming**
- ♦ **Boating**
- ♦ **Arts & Crafts**
- ♦ **Archery**
- ♦ **Nature Awareness**
- ♦ **Field Games**

## **ASTHMA EDUCATION**

**Each day, campers will participate in asthma education led by the volunteer medical team as well as educators from Central Peninsula Hospital.**

**The curriculum will include components from the AAFA Power Breathing Program and the AAFA ACT Program. Topics will include:**

- ♦ **Asthma Pathophysiology**
- ♦ **Asthma Tools**
- ♦ **Asthma Myths and Facts**
- ♦ **Medication Awareness**
- ♦ **Social Issues of Being a Kid with Asthma**