



ABOUT CAMP K

Nestled among the spruce forests along Kenai Lake in Cooper Landing, Camp K provides the perfect environment for youth to explore the natural world around them, engage in challenging activities and form friendships that can last a lifetime. With the supportive guidance of camp counselors, campers build their own unique community in which each member can experience a sense of belonging, connectedness, safety, acceptance and appreciation.

Peninsula Puffers

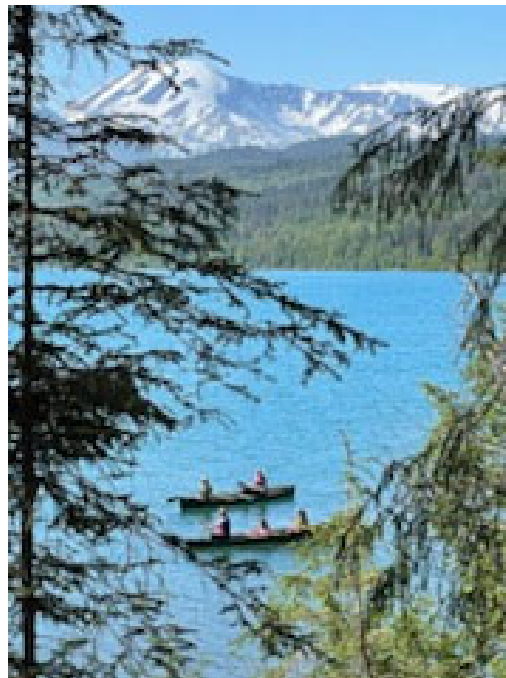
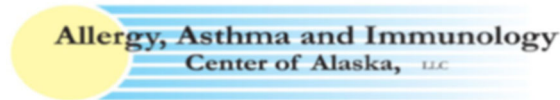
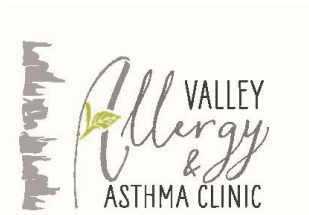
Peninsula Puffers was created by a team of dedicated Alaskan health care providers in partnership with AAFA AK and Central Peninsula Hospital. Dr. Jody Butto along with Dr. Teresa Neeno, Dr. Kathy Young and Elizabeth Collins, RT wanted to provide children living with asthma and food allergies with a fun, safe and educational summer experience.

Peninsula Puffers is the result of their dedication to helping campers learn how to manage their conditions while Living a Life Without Limits.



Asthma and Allergy Foundation of America®
ALASKA CHAPTER

2023 SPONSORS



PENINSULA PUFFERS ASTHMA CAMP

“in the woods with wheezers”

A Camp for Kids with Asthma & Food Allergies



June 25– June 30, 2023
Sunday—Friday

Camp K on Kenai Lake
Cooper Landing, AK

WHO:

Boys and Girls ages 7 to 14 with asthma. Asthmatic children with food allergies are also welcome. Preference will be given to children who take daily medication for asthma. Space is limited to 15 children

WHEN:

Sunday June 25 to Friday June 30, 2023

Deadline to apply: May 10

WHERE:

Camp Fire USA Camp K
in beautiful Cooper Landing.

Bus transportation provided from
Camp Fire USA Anchorage

MEDICAL

SUPERVISION:

The Camp Medical Director is Board Certified Pediatrician Jody Butto. Our volunteer medical team of physicians, nurses and respiratory therapists are available 24 hours a day to attend to routine and emergency medical health needs.

COST:

\$300.00 per child.

Full Scholarships are available

TO APPLY:

Apply online at:

<https://www.aafaalaska.com/camp/index.php>

Applications may also be printed
and faxed to (907)349-0637.

For Additional Information:

Please Contact AAFA Alaska.
(907)349-0637
aafaalaska@gci.net



**** All completed camp paperwork must be reviewed and approved by the Medical Director prior to camp.**

**** Camp Health Forms must be signed by your health care provider**

ACTIVITIES:

- ◆ **Swimming**
- ◆ **Boating**
- ◆ **Arts & Crafts**
- ◆ **Archery**
- ◆ **Nature Awareness**
- ◆ **Field Games**

ASTHMA EDUCATION

Each day, campers will participate in asthma education led by the volunteer medical team. The curriculum will include components from the AAFA Power Breathing Program and the AAFA ACT Program. Topics will include:

- ◆ **Asthma Pathophysiology**
 - ◆ **Asthma Tools**
- ◆ **Asthma Myths and Facts**
- ◆ **Medication Awareness**
- ◆ **Social Issues of Being a kid with Asthma**