

# FACULTY

## Asthma & Allergy Foundation of America, Alaska Chapter 15th Annual Alaska Asthma & Allergy Conference

September 10-11, 2021

(as of 4/20/2021)

### PRESENTING FACULTY



**Kari Bernard, PhD, PA-C**, is a psychiatry Certified Physician Assistant (PA-C) and industrial and organizational Psychologist. In July 2020, she joined Orion Behavioral Health in Eagle River, Alaska. She serves on the American academy of Physician Assistants (AAPA) Burnout Task Force. Previously, she served as a PA for Southcentral Foundation and as a community health aide instructor / provider for the Alaska Native Tribal Health Consortium. Until January 2021, she was site director (February 2018 to January 2021) and an instructor (November 2014 to January 2021) for the Anchorage campus of the University of Washington (UW) MEDEX Northwest PA Program. She earned her Physician's Assistant master's degree from A.T. Still University of Health Sciences - Mesa, Arizona campus. In 2020, she completed her doctorate in Industrial and Organizational Psychology with a focus on healthcare worker wellbeing from Walden University in Minneapolis, Minnesota.



**Tonya Caylor, MD, FAAFP**, is a family physician with Hillside Family Medicine in Anchorage, and founder / coach of Joy in Family Medicine Coaching Services. Dr. Caylor is a clinical associate professor at the University of Washington (UW). She began teaching at the Alaska Family Medicine Residency Program in 2008, and remains as on-call faculty. Previously in Florida, she collaborated to form an indigent care clinic. She also served on a non-profit board focused on the medically underserved, and led several short-term medical mission trips to southeast Asia. She earned her medical degree and completed her family medicine residency at the University of South Alabama, College of Medicine; and completed a faculty development fellowship through UW. She is a culinary coach certified through Harvard's Institute of Lifestyle Medicine, and a professional physician coach certified through the Life Coach School.



**Maria Teresa "Maite" De La Morena, MD, FAAAAI**, is a staff physician at Seattle Children's Hospital. Previously, she was a pediatric allergist and immunologist in Dallas, Texas, where she practiced at UT Southwestern Medical Center, Children's Medical Center of Dallas, and was affiliated with William P Clements University Hospital. Board-certified in Allergy and Immunology, she earned her medical degree from the Universidad Complutense Madrid, Spain. She completed her pediatric residency at John Hopkins All Children's Hospital in Tampa. She completed her fellowships in Allergy /Immunology and Diagnostic Laboratory Immunology, at the University of South Florida in St. Petersburg. Fluent in English and Spanish, Dr. De La Morena's practice supports several other languages.



**Jeffrey G. Demain, MD, FAAAAI, FAAAAI, FAAP**, began his medical career as a medic in the U.S. Air Force, then a physician assistant before going to medical school and completing his residency and fellowship. He is a Clinical Professor at the University of Washington School of Medicine and an Affiliate Professor at the University of Alaska, Anchorage. He is board certified in Allergy/Immunology and in Pediatrics. He founded the Allergy, Asthma and Immunology Center of Alaska, the Allergy Asthma & Immunology Society of Alaska, and the Asthma & Allergy Foundation of America Alaska Chapter. Active in the American Academy of Allergy Asthma & Immunology (AAAAI), he has served on the AAAAI Board of Directors, served as RSL Governor-Region 6, is past chair of the Environmental, Occupational and Respiratory Diseases (EORD) interest section, and has served on many committees. He is editor of the AAAAI "Ask the Expert" and remains active in advocacy. Committed to education, he served 10 years on the AAAAI Annual Meeting Planning Committee. A nationally recognized speaker, Dr. Demain has numerous peer-reviewed publications and continues to research and publish in both insect allergy and the impacts of climate change on respiratory health. He has authored three textbook chapters. He was honored with the AAAAI-RSL Leadership award in 2020 and the American Academy of Pediatrics (AAP) Special Achievement Award in 2021.



**Ross Dodge, MD, FAASM**, is the Medical Director for several sleep medicine programs in Alaska, including Peak Neurology and Sleep Medicine in Anchorage. He also works as a hospitalist at the Veterans Administration / Department of Defense Joint Venture Hospital on Joint Base Elmendorf-Richardson (JBER) and helps manage the hospitalist group at Southern Peninsula Hospital in Homer. Previously, he was medical director for sleep medicine at JBER, his final assignment before concluding 11 years of active military service in 2016, when he separated to remain in Alaska. Dr. Dodge has received several teaching awards for contributions to continuing and community education focused on sleep disorders. Dual board-certified in internal medicine and sleep medicine, Dr. Dodge earned his medical degree from the Medical College of Virginia, VCU Campus, and completed an internal medicine internship and residency at Boonshoft School of Medicine / Wright Patterson AFB Medical Center in Ohio. He completed a fellowship in sleep disorders medicine at Wilford Hall Medical Center at the San Antonio Uniformed Services Health Education Consortium.



**Bryan Farthing, DHsc, PA-C**, is a certified Physician Assistant at the Allergy, Asthma & Immunology Center of Alaska, where he and fellow PA David Kingston oversee the center's biologic program. He graduated from the University of Washington's Alaska MEDEX Physician Assistant Program and is now a program faculty member. Prior to becoming a PA, Mr. Farthing was a respiratory therapist at Providence Medical Center for three years. He served in the U.S. Air Force as a cardiopulmonary technician, taking care of wounded military members overseas as part of a Critical Care Air Transportation team. He is currently an officer in the Alaska Air National Guard. Mr. Farthing completed his master's degree in healthcare administration from Stony Brook University in 2015. In 2019, he completed his doctorate degree in health science with a focus in global health, specifically looking at disparities in pediatric asthmatics. Mr. Farthing enjoys Alaska's outdoors and spending time with his wife and two sons.



**Matthew J. Greenhawt, MD, MBA, MSc., FAAAAI**, is a Professor of Pediatrics in the Allergy and Immunology Section of Children's Hospital Colorado (CHC) and the University of Colorado (UC) School of Medicine. He directs of the CHC Food Challenge and Research Unit in Denver. His research interests include shared decision-making, cost-effectiveness, and food allergy prevention and treatment. He earned both his medical and Master of Business Administration degrees at Tufts University in Boston. He completed his pediatric residency at New York Presbyterian Morgan Stanley Children's Hospital, Columbia University Medical Center, and fellowship in allergy and immunology at the University of Michigan (UM). He also earned a master's in health and healthcare policy at the UM Rackham School of Graduate Studies. Dr. Greenhawt serves on many committees, boards and advisory groups, including committees of American Academy of Allergy, Asthma, and Immunology (AAAAI) and American College of Allergy, Asthma, and Immunology (ACAAI). He is a peer reviewer and editorial board member for numerous journals.



**John Kelso, MD**, is a veteran allergist, currently practicing at Scripps Green Hospital and Scripps Clinic in San Diego. Board certified in allergy / immunology and pediatrics, he treats a comprehensive range of conditions in children and adults, including asthma, nasal allergies, eczema, hives, and allergic reactions to foods, drugs, and stinging insects. His interests include allergic reactions to vaccines, and efforts to enable patients with egg allergy to safely receive influenza vaccines. Dr. Kelso earned his medical degree from the Saint Louis University School of Medicine, in Missouri. He performed his residency in pediatrics at the Naval Medical Center in San Diego before pursuing a fellowship in allergy and immunology at the Mayo Clinic. He is an author and section editor for UpToDate, an online clinical decision support resource. Dr. Kelso enjoys traveling and spending time with family, including his two miniature dachshunds. He is also a two-time Ironman triathlon finisher and still enjoys swimming, biking and running.



**David Kingston, PA-C**, is a certified Physician Assistant who joined the Allergy, Asthma and immunology Center of Alaska in November 2018. He and fellow PA Bryan Farthing oversee the center's biologic program. He has been a PA in Anchorage since 2015, when he graduated from the Seattle MEDEX Physician Assistant Program (earning a master's in clinical health) at the University of Washington. Prior to becoming a PA, David worked as a paramedic / firefighter for the fire department in Bellevue, Nebraska. A native of Nebraska, David earned his bachelor's degree in emergency medical technology / technician (EMT) from Creighton University in Omaha. Mr. Kingston's love of the outdoors encouraged a 2015 move to Alaska, where he enjoys hunting, biking and fishing.



**Stephen N. Marks, MD, FAAAAI**, is a board-certified Allergist / Immunologist specializing in pediatrics at the Allergy, Asthma and Immunology Center of Alaska. He joined the center in September 2019, after serving 27 years as a physician in the U.S. Army. He began his medical career as a general pediatrician at the U.S. Army hospital in Heidelberg, Germany. He has since served in various allergy / immunology positions over nearly two decades. Special interests include pediatric allergies and asthma, chronic cough, difficult to control asthma, food allergy, eosinophilic esophagitis, anaphylaxis, insect sting allergy, urticaria, angioedema and atopic dermatitis. Dr. Marks earned his medical degree from Michigan State University College of

Human Medicine in East Lansing. He completed his pediatrics internship and residency at Tripler Army Medical Center (TAMC) in Honolulu, Hawaii; and completed a fellowship in allergy / immunology from Walter Reed Army Medical Center in Bethesda, Maryland. He enjoys singing and playing the guitar in his spare time.



**Jeffrey W. Molloy, MD, FACP, FACG**, is a Gastroenterologist with the Alaska Digestive and Liver Disease in Anchorage and Eagle River. Board-certified in internal medicine and gastroenterology, he earned his undergraduate degrees from the University of Southern California in Los Angeles. He earned his medical degree from the Uniformed Services University of Health Sciences, graduating as an Alpha Omega Alpha scholar. He was chief resident during his internal medicine residency at Pacific Northwest University of Health Sciences, College of Osteopathic Medicine (PNWUHS) in Yakima, Washington. After completing his internal medicine residency, he remained on staff as the chief of medical residents before completing his gastroenterology fellowship. He remains an adjunct clinical faculty member at PNWUHS, actively precepting students throughout the year. Dr. Molloy served in the U.S. Air Force for 17 years, concluding with his position as chief of medicine and director of the gastroenterology clinic at the 673rd Medical Group, Joint Base Elmendorf-Richardson. Dr. Molloy's keeps busy with his wife and three sons and a passion for outdoor recreation. He is also is active in local youth sports and the Boy Scouts of America.



**Kenneth Paris, MD, MPH**, is an Associate Professor of Pediatrics and Director of the Allergy-Immunology Fellowship Program at Louisiana State University (LSU) Health Sciences Center. He also heads the Division of Allergy and Immunology at Children's Hospital in New Orleans. He is also co-director of the Jeffrey Modell Diagnostic Center for Primary Immunodeficiencies in Ohio. Board-certified in allergy, he has more than a decade of experience in immunologic disease. He earned a Master of Public Health degree from Tulane University School of Public Health & Tropical Medicine, New Orleans; followed by his medical degree from LSU Health New Orleans. He completed his pediatric residency at Brown University Warren Alpert School of Medicine and Hasbro Children's Hospital in Providence, Rhode Island. He then completed an allergy and immunology fellowship at LSU.



**James Quinn, MD, FACP**, is the Associate Program Director for the U.S. Air Force allergy and immunology fellowship program at Wilford Hall Medical Center, Lackland AFB, near San Antonio, Texas. A board-certified allergist / immunologist, he is also an Associate Professor at the Uniformed Services University of Health Sciences. He earned his medical degree from Columbia University College of Physicians and Surgeons in New York, NY; and he completed his internal medicine residency at Keesler Medical Center, Keesler AFB in Biloxi, Mississippi. He completed two fellowships at San Antonio Uniformed Services Health Education Consortium (SAUSHEC) in Texas — one in allergy / immunology and the other in clinical and laboratory immunology.



**Melinda Rathkopf, MD, FAAAAI, FACAII, FAAP**, is Director of the Allergy, Asthma and Immunology Center of Alaska and is board-certified in pediatrics and allergy / immunology. She has been practicing in Anchorage, Wasilla and Valdez since July 2006. She previously served nine years as a U.S. Air Force physician. Dr. Rathkopf is the American Academy of Pediatrics (AAP) Allergy, Asthma and Anaphylaxis Champion for the state of Alaska and serves as the WWAMI Pediatric Clerkship

Director. She is a past president of the Asthma and Allergy Foundation of America, Alaska Chapter, and a past president of the Alaska State Medical Association. Dr. Rathkopf earned her medical degree at Emory University School of Medicine in Atlanta, Georgia. She entered the U.S. Air Force, completing her pediatric residency training at Keesler Air Force Base in Biloxi, Mississippi. She completed her allergy / immunology fellowship at Wilford Hall Medical Center at Lackland AFB in San Antonio, Texas.



**Rosalyn "Ros" Singleton, MD, MPH**, has worked as a pediatrician, immunization consultant and researcher for the Alaska Native Tribal Health Consortium since 1988. She is also a guest researcher with the Arctic Investigations Program - Centers for Disease Control and Prevention (CDC), with emphasis on vaccine preventable infections, bronchiectasis, respiratory infections, vitamin D deficiency and indoor air quality. In the mid-1980s, Dr. Singleton joined the Indian Health Service working as a pediatrician on a Navajo Reservation in Arizona. Her pediatric expertise includes asthma and haemophilus, pneumococcal, respiratory syncytial virus and respiratory tract infections. Dr. Singleton earned her medical degree and completed her pediatric internship and residency through Northwestern University Feinberg School of Medicine and McGaw Medical Center in Chicago, Illinois. She earned a master's in public health from Loma Linda University School of Medicine in California.



**Robyn Tiger, MD, C-IAYT**, is a physician, trauma-informed self-care coach and certified yoga therapist in Asheville, North Carolina. She uses her unique combination of trainings in medicine, yoga therapy, meditation and life coaching to educate physicians in stress management, burnout prevention and relief. Toward that end, Dr. Tiger founded StressFreeMD, a physician wellness practice, and developed the CME-accredited program, *Rx Inner Peace: A Physician's Guide for Self Care*. In addition, she established a therapeutic yoga practice in 2013. Dr. Tiger also serves as the medical resource director at Journey to be Free Naturally, Inc., a non-profit providing free education and support to cancer survivors. She completed her medical degree, residency in diagnostic radiology, and internal medicine internship from the Medical College of Pennsylvania in Philadelphia. She completed a fellowship in body imaging from Thomas Jefferson University Hospitals, also in Philadelphia.



**Kristina M. Waring, M.A. CCC-SLP**, is a Speech-Language Pathologist (SLP) operating a specialty clinic to assess and treat organic and functional voice disorders. The clinic has been housed within the Allergy, Asthma and Immunology Center of Alaska since 2005. Ms. Waring has since curated a voice treatment program vocal cord dysfunction (paradoxical vocal fold movement disorder) and idiopathic chronic cough. Ms. Waring began her career as a middle school SLP and coach, working for the Idaho School for the Deaf and Blind. She earned her bachelor's degree in SLP and audiology from Idaho State University in Pocatello; and a master's in SLP from the University of Northern Colorado in Greeley. She also earned the nationally recognized Certificate of Clinical Competence in Speech-Language Pathology (CCC-SLP) from the American Speech-Language-Hearing Association. Ms. Waring resides with her husband and two children in Anchorage. She loves all things snow and enjoys spending as much of her time with her family in Girdwood.



**Darcie Ziel, BSN, RN, NC-BC**, is a registered nurse, nursing educator and nurse wellness coach in Sitka, Alaska. In 2020, she established Ziel Wellness Coaching and Care LLC to empower clients to care for themselves as well as they take care of others. She is also an assistant professor of health sciences for the University of Alaska Southeast (UAS) certified nurse aide (CNA) program; and a clinical nurse educator for Southeast Alaska Regional Health Consortium (SEARHC). After completing a biology degree from the University of Alaska Fairbanks, she earned her Bachelor of Science in Nursing (BSN) from the University of Alaska Anchorage, and became a licensed registered nurse in 2004. Most recently, she became a board certified nurse coach (NC-BC) through the American Holistic Nursing Association.

## ADDITIONAL MODERATORS



**Paula Baker, CPNP**, is a board-certified Pediatric Nurse Practitioner (CPNP) with the Allergy, Asthma and Immunology Center of Alaska. Ms. Baker has more than 20 of experience in the field of pediatrics. For 15-plus years, she cared for ill and injured children in the acute care setting — including pediatrics, emergency room, newborn nursery and teaching emergency pediatric resuscitation — before practicing in the outpatient setting. Ms. Baker earned her bachelor’s in nursing from Angelo State University, San Angelo, Texas. She earned her master’s in nursing and Pediatric Nurse Practitioner degrees from Texas Tech Health Sciences Center in Lubbock, Texas. She, her husband and two children moved to Alaska in 2015. The family spends much of their free time pursuing outdoor recreation.



**Jodyne Butto, MD**, is a Pediatrician with Anchorage Pediatric Group and a Clinical Professor at the University of Washington (U-WA) School of Medicine, Adjunct Associate Professor in the University of Alaska WWAMI Biomedical Program, and co-coordinator of the Alaska WWAMI site for Pediatrics. Previously, she was pediatric department chair at Providence Children’s Hospital. She is active in the American Academy of Pediatrics and is an AAP Alaska Chapter past president and co-coordinator of the chapter’s Pediatric Research in the Office Setting. She was secretary-treasurer of the Alaska State Medical Association, has been an Alaska Metabolic Screening Advisory Committee member, Anchorage School District mentor, and Asthma Camp medical director. Her research includes febrile infants, the Life Around Newborn Discharge (LAND) Study and the Safety Check. Dr. Butto earned her medical degree from U-WA School of Medicine. She completed her pediatric residency at Loma Linda University Medical Center and Children’s Hospital in California.



**Eric Meier, MD, FAAAAI, FAAAAI, FACP**, is board-certified in allergy / immunology and internal medicine, and is a Partner at the Allergy, Asthma and Immunology Center of Alaska. Before joining the center in 2007, he was an active duty officer in the U.S. Air Force (USAF) and spent 10 years as a military physician. His last active duty assignment was as chief of allergy at the 3rd Medical Group, Elmendorf AFB, and as allergy consultant to the Pacific Air Forces. Dr. Meier attended the University of Texas Southwestern Medical School in Dallas. After completing his internal medicine residency at Keesler Air Force Base Medical Center, Biloxi, Mississippi, he was an internist at the USAF Academy for three years. He completed an allergy / immunology

fellowship at Wilford Hall Medical Center at Lackland Air Force Base, San Antonio, Texas, before coming to Alaska in 2005. Dr. Meier is a marathon runner, skier and mountaineer.



**Laura M. Moore, MD, FAAAAI, FAAAAI, FAAP**, is earned her medical degree at Creighton University School of Medicine in Omaha, Nebraska in 1997. She then went on to complete her internship and pediatric residency at Keesler Air Force Base in Biloxi, Mississippi. After working for 4 years as a general pediatrician, Dr. Moore completed her Allergy and Immunology fellowship training at Wilford Hall Medical Center in San Antonio, TX from 2004-2006. She subsequently practiced as an allergist in the Air Force for four years, then transferred to the Air Force Reserve in 2010 when her husband, Sean, retired from active duty. Dr. Moore has practiced as a civilian allergist since that time, but was initially at the Billings Clinic in Montana for 5 years before joining her friends and co-workers at the Allergy, Asthma and Immunology Center of Alaska in 2015. She retired from the Air Force Reserve in 2016, and has enjoyed her extra time off, which is shared between her clinical practice and taking care of her four active children, ages 10, 12, 15 and 17. Dr. Moore's special interests include Allergic Contact Dermatitis, Atopic Dermatitis, Asthma, Eosinophilic Esophagitis, Food Allergies, Pediatric Allergies, Chronic Sinusitis, and Vaccine and Drug Allergies.